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Jean Nakasato Interview from Ho’oponopono Asia Official Newsletter |

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| On one occasion, Morrnah said, **"The Divinity will send a certain person to us.** I just accepted it and waited for the time to come.Ihaleakala was a busy university professor at the time. His young daughter suffered from redness and bleeding due to dryness and inflammation, and cried every night because of the pain in her arm.Ihaleakala was at his wit's end, unable to do anything about his little girl, and one day he simply wandered into an office building he didn't recognize.Sitting at the door was Morrnah.Ihaleakala told the stranger what was happening to her daughter.Then Morrnah told him about a memory that Ihaleakala's daughter had. She then told him that she shared those memories in some way with Ihaleakala and with Morrnah.At the time, Ihaleakala had no idea what she was talking about.But Morrnah said, "We will clean with it. Then your daughter will be able to return to her own path properly," and the two parted ways that day.Later, Ihaleakala's daughter's skin healed beautifully, and Ihaleakala wanted to understand what had happened.At that time, we did not yet have structured classes like we do now, but we started classes with a few printouts that we made into a booklet and a manual.One day, Ihaleakala showed up there. Ihaleakala went on to actually teach SITH from there, and what was unique about his lecture style was that he was always humble about any situation, person, or place. And what he spoke was always simple, and he was able to speak what would be understood by the listening ears of all those present.When Ihaleakala was traveling around the world with Morrnah to give lectures, there was this episode.While walking through a city in Germany, Ihaleakala saw a man with a physical disability. In Ihaleakala's eyes, the man had so many difficulties that he told Morrnah with a pessimistic look, "That man has a serious handicap,She gave him a stern look and simply said, "Look at yourself.She wanted to tell us that we are responsible for handling our own judgments, criticisms, and whatever else comes before us at that time, and that we are the first to deal with it.From time to time, Ihaleakala would tell me stories about that time.And Ihaleakala always delivered this message. **"Clean Self."Look at yourself.** |

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| Jean Nakasato |

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| When I was working on the special needs team at the Hawaii State Department of Education, I asked Ihaleakala to be involved in a special needs training program for schools. Ihaleakala was responsible for giving a lecture there to the educators involved in that special needs from each of the schools.One teacher asked Ihaleakala a question.How can I help my students improve?"Ihaleakala replied, **"If you take good care of yourself, your children will begin to read."**The people there looked puzzled, "What?".So what Ihaleakala was intending was that if the teacher could truly take care of herself, do the cleaning, and become one with her inner family, she would know what to do there, through inspiration, when a student with reading and writing difficulties appeared.Self-identity through Ho'oponopono is about knowing who you are. When we are freed from our memories through cleaning, we all know what we are supposed to be doing at that moment, not just people, but animals, plants, cars, houses, and even the land.Ihaleakala never wavered in his attitude no matter what happened, no matter what questions were posed to him, no matter how authoritative they were. He was a man of his word.And Ihaleakala was meticulous about cleaning before each class or lecture. It was so thorough that he would not fail to clean even a speck of dust from the venue.Ihaleakala said he could tell if the venue was cleaned or not. He said that as long as it was cleaned, each person, thing, and every being would know for themselves what to do.Like, for example, someone who has had a back problem for years realizing that the real problem may be in their knees. To do this, he said, we need to truly understand that it is not our job to identify the cause of the problem.At a previous class in Maui, a young man raised his hand and said to Ihaleakala, "I am an alcoholic.I could see the despair in his eyes.Then Ihaleakala said, **"You are perfect. You must remember that you are perfect, even though your memories are causing you to experience alcoholism.**Ihaleakala was always simple, sometimes eloquent, and always to the point in class. He was able to say perfectly timed things, no matter how incongruous, that gave everyone in the room a chance to get back to cleaning with themselves.Every time I do my own cleaning, there is an event that I often recall.One time I had the opportunity to plant a koa tree with Ihaleakala. After we planted it in the soil, Ihaleakala, without speaking to anyone, said, "Once you plant it, that's it. Now all you have to do is clean with it and do what you have received from inspiration. Our job is to clean with what we want the tree to become and what we think it should become.Everyone present received these words and quietly began cleaning.I myself am still cleaning.And for that I am truly grateful. |

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