

Welcome to



IZI LLC sponsors SITH® Health Ho'oponopono ONLINE

Fremont, CA Online Class via Zoom
November 29-30th, 2025 Sat-Sun @10:00am-5:00pm PST

IZI LLC Instructors:



Sena Alp



Şirin Duruk

Register Here:



[https://schedulejunia.as.me/
HealthHooponoponoNov2025](https://schedulejunia.as.me/HealthHooponoponoNov2025)

Contact Coordinator

Junia Chou

Text: (510) 985-9288

Email: cyclesofawakening@gmail.com

The SITH® Health Ho'oponopono Class is a wonderful opportunity to clean on our experience of our Health and Health concerns we experience in ourselves, our families, relative and ancestors.

The SITH® Health Ho'oponopono Class includes a SITH® Health Tool Menu that may be used to apply to those Health concerns and a Questionnaire that was developed by National Living Treasure of Hawaii, Mornah Nalamaku Simeona, to use to clean with the problems that show up that may contribute to these concerns.

***Registration Info on Class Materials:**

All new students will receive a downloadable Basic I Manual & Tool Menu and Health Questionnaire and Health Tool Menu as part of their fee. These downloads can be viewed on a computer or mobile device and may not be printed. Review students are expected to use their own Manuals during class.

Registration*

(In USD)

New Student Early Bird - Adult

(14 yrs. & older): \$610

Registration Week of Class: \$655

New Student - Child (birth-13 yrs.): \$325

Review Student - Adult: \$280

Review Student - Child: \$165

WWA Absentee: \$255



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CLASS DESCRIPTION

By the end of the training, students will:

- **PURPOSE:** Begin to know who they are and their purpose for existence.
- **CARE:** Learn how to care for and protect Self.
- **SOLVE:** Learn what a problem is and how to solve problems.
- **WITHIN:** Learn to look only to Self and the Divine Creator for problem solving.
- **APPRECIATE:** Begin to know and appreciate the Divine Creator
- **APPLY:** Learn how to apply SITH® process to experiences of illness and health.
- **HEALTH:** Begin immediate application of problem solving tools for health concerns for Self and as health providers.

Problem areas covered in the training:

- *Self – spiritual, mental, emotional, physical conditions*
- *Family, relatives and ancestors*
- *High blood pressure, pain, anxiety, depression, and more*
- *Death and dying*
- *Land, buildings, health facilities*
- *Objects*

“We have the opportunity to apply the SITH® tools to our Health and release the past memories that replay as Health concerns in our lives.”

ABOUT THE INSTRUCTORS:



SENA ALP learned Self I-Dentity through Ho’oponopono® (SITH®) in 2012 from Mary Koehler – My Wild Irish Rose. From that time cleaning is her way of life. She became an Instructor in 2014, a Coordinator in 2017 for Izmir, Turkey, and a Coordinator in 2025 for London, UK.

Sena has taught classes ONLINE in the USA, Brazil, Turkey, and classes IN PERSON in Germany, Romania, and Turkey. She is also an IZI LLC Instructor doing Private Sessions in Izmir, Turkey both in English and Turkish languages. She experienced the treasure and the freedom of cleaning. Her experience with Ho’oponopono showed her the perfection in more things. She felt more often the purity and the connection with life. For Sena, Ho’oponopono is a very special gift given for us to remember who we are. And she is very grateful that she has the chance to start and is still learning this unique process of LOVE in this lifetime.



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ŞIRIN DURUK studied psychology, embodied movement, awareness, meditation, and many different healing modalities. She always felt something essential was missing until she learned about Self I-Dentity Through Ho’oponopono®. Taking her first class with

Dr. Ihaleakala Hew Len and Mary Koehler-My Wild Irish Rose in 2009, she felt a profound shift in every aspect of her life and felt like she finally found the key she had been looking for so long. All her relationships improved, including her relationships with her family, community, Nature, Cosmos, and Divinity. She realized that when she applies her Ho’oponopono, Divinity’s solutions to problems are always beyond her limited thinking, imagination, and expectations. What a gift that she has permission in this life time to remember to look at herself, take responsibility about her own experience and start cleaning. MAHALO. In 2017, she became an IZI LLC Instructor, and in 2018, an IZI LLC Coordinator in Turkey, Istanbul. She has taught SITH® classes IN PERSON in Turkey, Germany, and USA, and ONLINE classes in Turkey, Sweden, India, and USA. Şirin continues doing her cleaning.

