



sponsors

SITH® Online Lecture

Topic: “Applying SITH® on our experience of feeling Empathic and/or Sensitive”

September 14, 2026 Online via Zoom

IZI LLC Instructors:



Jean Nakasato



Gal Bason

**Online Themed Lecture
Monday 9am-12pm
California Time**

Register Here:



<https://schedulejunia.as.me/Sept2026SITHLecture>

LECTURE THEME:

“Applying SITH® on our experience of feeling Empathic and/or Sensitive”

BRIEF DISCUSSION POINTS:

Applying SITH® to our experience of:

- *Feeling sad or heavy when you watch or hear the news?*
- *Feeling angry when you see injustice or unfair situations?*
- *Feeling anxious or scared in noisy crowded areas and events?*
- *Feeling sick or in pain when you try to help other people?*

Registration:

\$58 USD

Time:

September 14, 2026
Monday @9am-12pm PDT
Fremont, California Time
Online via Zoom



LECTURE DESCRIPTION

IZI LLC LECTURES:

IZI LLC sponsors Self I-Dentity through Ho'oponopono® (SITH®) is an updated Hawaiian problem solving process to release memories that are experienced as problems.

IZI LLC sponsors SITH® Lectures give participants the basic information on “who you are” and how to apply the Self I-Dentity through Ho'oponopono® process. Students will receive several tools that may be used to apply Ho'oponopono with problems in everyday life.

“If we can accept that we are the sum total of all past thoughts, emotions, words, deeds and actions and that our present lives and choices are colored or shaded by this memory bank of the past, then we begin to see how a process of correcting or setting aright can change our lives, our families and our society.”

Mornnah Nalamaku Simeona

ABOUT THE INSTRUCTORS:



JEAN NAKASATO was first introduced to SITH® in 1982 when Mornnah Nalamaku Simeona was inspired to go to the island of Maui, Hawaii to teach a Basic I class. Applying the SITH® process to her daily life, Jean is continually “in awe” that divine peace can emerge in

the midst of chaos and in the darkest of moments of life if she just sticks to “cleaning self.” The beauty that she appreciates about SITH® it is that it can be done just by the “twinkle of the mind”, easily and practically without stress and without talking to anyone. Jean is eternally grateful to Divinity and Mornnah Nalamaku Simeona for these timeless gifts as it has and continues to provide opportunities to experience the joy of being set free. Jean has taught IN PERSON classes in Hawaii, Taiwan, Japan, Brazil, and China; ONLINE classes that include the USA, Asia, South America, Europe, India, and Mexico and ONLINE/IN PERSON classes in Japan and South Korea.UK.



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GAL (sigalit) BASON ND, LMT, NAET was born in Israel and relocated to the USA in 2001 and raised her family with 3 kids in Massachusetts. She took her first class in 2016 with Jean – Pierre JP Deluca in Boston MA and since then she continually takes classes all over the world including Basic II which she currently practices. Her experience

with SITH® taught her that we are here to clean and only to clean, with how she lives her life, from breathing to her relationship with everyone and everything. Gal said: “it changed my life completely” How wonderful it is to be free to plant her garden, her trees, and to relate to the land, to see the identity of chaos and her own perfect order and to understand the Silence and be friends with it by simply remembering who am I and who is in charge! Her experience with SITH® has guided her to get back to her Jewish heritage. Her experience is going back home on all DNA memories that replay in her on physical, physiological & emotional levels. She fell in love with all identities and the meaning of taking 100% responsibility and living it moment by moment, “just Do it” as Dr Ihaleakala Hew Len used to say. “it feels like riding the wave and being in the perfect rhythm” when I clean...

I LOVE YOU I LOVE YOU I LOVE YOU

